

A Comprehensive Technical Analysis of Hermetic Qabalah: Exploring Israel Regardie's 'A Garden of Pomegranates'

Published: May 26, 2025 | Index ID: #400

First published in 1932, Israel Regardie's **A Garden of Pomegranates** remains a cornerstone text in the study of Western Esotericism and the Hermetic Qabalah. Written when Regardie was just twenty-four years old, the work was intended to synthesize the complex, often obfuscated teachings of the Hermetic Order of the Golden Dawn into a coherent, accessible framework. This article provides an in-depth technical breakdown of the systems presented in the text, analyzing the mathematical, philosophical, and practical methodologies used to navigate the **Tree of Life**.

The Theoretical Framework of the Tree of Life (Etz Chaim)

The core of Regardie's work is the **Tree of Life**, a glyph representing the macrocosm (the universe) and the microcosm (the human soul). The Tree consists of ten **Sephiroth** (emanations) and twenty-two **Paths**. Regardie treats this structure not merely as a religious icon, but as a technical map for the categorization of all human experience and cosmic phenomena.

The Ten Sephiroth: Emanations of Reality

The Sephiroth represent the numerical progression from unity to complexity. In the technical Qabalistic system, these are viewed as 'stations' of consciousness. Below is a structural analysis of the ten emanations as defined in the technical framework of the book:

- Kether (The Crown): The point of singularity, representing the absolute source and the primary movement of the will.
- Chokmah (Wisdom): The first expression of force; the energetic impulse or 'Great Father'.
- Binah (Understanding): The first expression of form; the 'Great Mother' who receives and shapes the force of Chokmah.
- Chesed (Mercy): The expansive, constructive force of organization.
- Geburah (Severity): The restrictive, destructive force necessary for balance and discipline.
- Tiphareth (Beauty): The central point of the Tree, representing the ego-center and the harmony of the spheres.
- Netzach (Victory): The sphere of emotion, instinct, and aesthetic drive.
- Hod (Splendor): The sphere of intellect, communication, and systematic thought.
- Yesod (The Foundation): The astral mechanism, the subconscious mind, and the engine of reflection.
- Malkuth (The Kingdom): The physical manifestation and the tangible sensory world.

Mathematical Foundations: Gematria, Notariqon, and Temurah

Regardie emphasizes that the Qabalah is a literal **mathematical system**. The Hebrew alphabet is alphanumeric, meaning every word has a specific numerical value. This allows for technical analysis through three primary methods:

1. Gematria

Gematria is the method of calculating the numerical value of a word and finding correspondences with other words of the same value. For example, the Hebrew word for 'Unity' (Achad) and 'Love' (Ahebah) both equate to 13. In the

Qabalistic system, this indicates a functional identity between the two concepts. This numerical logic provides a check-and-balance system against subjective hallucination in mystical practice.

2. Notariqon

This is the process of forming acronyms or reverse-engineering words from phrases. It is used to create 'power words' for ritual use, effectively compressing complex theological concepts into a single phonetic trigger. A classic example is the word **Agla**, derived from 'Ateh Gibor Le-olam Adonai' (Thou art mighty forever, my Lord).

3. Temurah

Temurah involves the systematic permutation and substitution of letters based on specific tables (ciphers). This method is used to uncover hidden meanings within technical texts, transforming one word into another through logical algorithmic shifts.

Technical Comparison: The Three Pillars and Four Worlds

To understand the dynamics of the Tree, one must analyze the horizontal and vertical divisions. Regardie utilizes the **Three Pillars** to explain the concept of equilibrium (The Middle Way) and the **Four Worlds** to explain the density of manifestation.

The Pillar	Technical Designation	Mechanical Function	Associated Sephiroth
Pillar of Mercy	Jachin / Right Pillar	Expansion, Force, Male Polarity	Chokmah, Chesed, Netzach
Pillar of Severity	Boaz / Left Pillar	Restriction, Form, Female Polarity	Binah, Geburah, Hod
Pillar of Mildness	Middle Pillar	Equilibrium, Synthesis, Consciousness	Kether, Tiphareth, Yesod, Malkuth

The Four Worlds of Manifestation

The Qabalistic model posits that energy descends through four distinct 'layers' or densities, known as the Four Worlds. This is a crucial technical concept for practitioners performing 'Skrying on the Tree of Life'.

1. Atziluth (The World of Emanation): The highest level of pure archetypal ideas; associated with the Element of Fire.
2. Briah (The World of Creation): The level of intellectual formulation; associated with the Element of Water.
3. Yetzirah (The World of Formation): The astral or psychological level where patterns are established; associated with the Element of Air.
4. Assiah (The World of Action): The final materialization of energy; associated with the Element of Earth.

Practical Implementation: Skrying and Pathworking

The subtitle of the third edition, *Skrying on the Tree of Life*, highlights the transition from theoretical Qabalah to practical application. Skrying (or scrying) is a technical process of **astral projection** or directed visualization used to explore the 32 Paths of Wisdom.

The Technical Workflow of Pathworking

Regardie, and later editors Chic and Sandra Cicero, detail a specific procedural execution for navigating these paths. The practitioner follows a rigid protocol to ensure psychological safety and technical accuracy:

- Step 1: Environment Calibration: The use of corresponding colors (based on the Scale of the Four Worlds), incense, and geometric symbols (Tattvas or Tarot keys) to tune the subconscious mind.
- Step 2: Ritual Opening: Execution of the Lesser Banishing Ritual of the Pentagram (LBRP) to clear the local 'astral space' of noise and interference.
- Step 3: Symbol Induction: The practitioner focuses on the Hebrew letter and Tarot card corresponding to the specific Path (e.g., the Path of Tau between Malkuth and Yesod).
- Step 4: Projection (The Rising on the Planes): The use of active imagination to 'enter' the symbol. The practitioner assumes the 'God-form' of the deity associated with that sphere.
- Step 5: Testing the Vision: A critical technical step where the practitioner uses 'password' signs, Hebrew letters, or specific vibrations to ensure the entity or landscape encountered is consistent with the Qabalistic map.
- Step 6: Re-integration: Systematically returning to physical consciousness and documenting the experience in a technical journal (the Magical Diary).

The 32 Paths of Wisdom: A Technical Mapping

The 32 Paths consist of the 10 Sephiroth and the 22 connecting links. Each path corresponds to a Hebrew letter, a Tarot Trump, and an astrological or elemental force. Below is a sample matrix of the paths often used in initial

practical exercises.

Path Number	Connecting Sephiroth	Hebrew Letter	Tarot Trump	Astrological/ Elemental Force
32nd Path	Malkuth to Yesod	Tau	The Universe	Saturn / Earth
31st Path	Malkuth to Hod	Shin	The Judgment	Fire
30th Path	Yesod to Hod	Resh	The Sun	The Sun
25th Path	Yesod to Tiphareth	Samekh	Temperance	Sagittarius

Psychological Integration and Modern Interpretation

One of the most significant contributions of Israel Regardie was his integration of **depth psychology** with the Qabalah. He was a student of both Aleister Crowley and later a psychoanalyst. He proposed that the Tree of Life is essentially a map of the **Human Psyche**.

In this framework, the 'Abyss' between the lower Sephiroth and the Supernal Triangle (Kether, Chokmah, Binah) represents the cognitive barrier between the ego and the collective unconscious. The 'Middle Pillar' ritual, described in later editions of the text, functions as a technical method for balancing the endocrine system and the nervous system through localized concentration and rhythmic breathing.

The Middle Pillar Procedure

1. Concentration on the Crown: Visualizing a sphere of white light at the top of the head (Kether), vibrating the name Eheieh.
2. Descent to the Throat: Moving the light to the throat (Da'ath - the invisible Sephirah), vibrating Yhvh Elohim.
3. Descent to the Heart: Moving the light to the solar plexus (Tiphareth), vibrating Yhvh Eloah ve-Daat.
4. Descent to the Genitals: Moving the light to the pelvic region (Yesod), vibrating Shaddai el Chai.
5. Descent to the Feet: Moving the light to the soles of the feet (Malkuth), vibrating Adonai ha-Aretz.
6. Circulation: Using the breath to circulate the visualized energy in a 'fountain' or 'torus' shape around the body to strengthen the aura.

Case Study: Overcoming Failure Modes in Pathworking

Technical failure in Qabalistic practice often manifests as 'astral wandering' or 'psychic inflation'. Below are common operational challenges and their proposed solutions based on Regardie's technical advice:

- **Problem:** Lack of Visual Clarity. Often caused by insufficient banishing or lack of focus on the 'Seed Image'. **Solution:** Increase the duration of the Dharana (concentration) exercises on the relevant Tattva symbol before attempting the path.
- **Problem:** Contradictory Information. Encountering symbols that do not match the Path's correspondences (e.g., seeing water on a Fire path). **Solution:** Use the 'Sign of the Enterer' to project energy into the image; if the image dissipates or changes, it was a subjective projection rather than a valid astral experience.
- **Problem:** Physical Fatigue. The Middle Pillar ritual can sometimes lead to 'over-energizing'. **Solution:** Ensure the 'Circulation of the Body of Light' is followed by a grounding exercise, such as consuming a small amount of food or physical movement to anchor the energy in Malkuth.

Evolution of the Text: 1932 vs. 1995 Editions

While the 1932 original provided the theoretical foundation, the 1995 third edition, edited by Chic and Sandra Cicero, expanded the text into a **practical manual**. The earlier version was a 'handbook of theory,' whereas the expanded version provides the 'operating system' for ritual work.

Feature	1932 Original Edition	1995/Current Expanded Edition
Scope	Historical and theoretical overview	Comprehensive practical workbook
Exercises	Minimal; focused on Gematria	Includes Middle Pillar, LBRP, and Pathworkings
Commentary	Regardie's primary insights	Extensive annotations and modern cross-references
Diagrams	Basic Tree structures	High-detail glyphs and ritual posture guides

Broader Implications for Western Magic

The technical rigor of **A Garden of Pomegranates** moved the study of Qabalah away from vague mysticism and toward a structured, almost scientific discipline. By treating the Hebrew letters and the Sephiroth as variables in a cosmic equation, Regardie provided a system that could be tested and verified by individual practitioners through consistent application.

The work serves as a bridge between the nineteenth-century occult revival and twentieth-century psychological exploration. It treats the **Tree of Life** not as a static object of worship, but as a dynamic interface for the human mind to interact with the broader structures of reality. For the modern technical writer or student of Western mysteries, the text remains an essential blueprint for understanding how symbols, numbers, and sounds can be used to engineer specific states of consciousness.

Ultimately, the 'Garden' mentioned by Regardie is a metaphor for the mind itself. By planting the 'pomegranates' of Qabalistic knowledge and nurturing them through the technical exercises of skrying and ritual, the practitioner transforms their internal landscape from a state of chaos (the 'Confused Sea') into a structured, balanced reflection of the divine order. The legacy of this text is its insistence that the heights of spiritual attainment are accessible through systematic effort, clear mapping, and the unwavering application of technical principles.

Baca Juga (Artikel Terkait)

• [The Definitive Guide to 777 and Other Qabalistic Writings of Aleister Crowley: A Technical Analysis of Hermetic Correspondences](http://123caramba.com/777-and-other-qabalistic-writings-aleister-crowley-technical-guide.pdf)

URL: <http://123caramba.com/777-and-other-qabalistic-writings-aleister-crowley-technical-guide.pdf>

Tags: [#Israel Regardie](#) [#Hermetic Qabalah](#) [#Tree of Life](#) [#Occult Methodology](#) [#Pathworking](#)

